



# Ardeche 2025

PARENTS' INFORMATION EVENING

# Aims

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To provide you with detailed information about the trip: -

Discuss travel and accommodation.

What to pack and what not to pack.

Explain in detail the itinerary of the trip.

Clarify Expectations and Responsibilities

Address Questions and Concerns



# Who?

Trip Leader - Mrs Forth



Mr Palmer

Ms Hemp

Mrs Ahrenfelt

Mr Clark



45 Year 8 and 2  
9 students

Drivers will remain with us throughout our stay but not stay in our camp.

# Where?

Ardèche is in southeast France, situated within the Auvergne-Rhône-Alpes region. It lies along the Rhône Valley, stretching approximately 135 km between Lyon and Avignon.



# When



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The trip will depart from school on Saturday 21st June at 12.30 . Please ensure your child arrives by 12.15 pm to allow time for registration and loading luggage.

We are expected to return to school on Saturday, 28th at approximately 6pm. We will post on social media a more precise time when we are close to school.



# How?

## *TRANSPORT*

DoT Approved Operator

Seat belts, air conditioning

Reclining seats, toilet and DVD player



## *TRANSPORT*

Soft bodied bags/ holdalls are preferable rather than suitcases as hold area is limited.

Students may want to bring a neck pillow and bring their wash bag into the coach so they can freshen up on the ferry as there will be no opportunity for them to get things out of the coach.

The toilet is imperatively for emergencies only; there is plenty of opportunity on route for pupils to have a convenience stop.





# TRANSPORT



Ferry crossing from Dover  
We will give timings nearer the departure date.  
Dover to Calais, taking about 1.5 hour

# Travelling

Please wear your T shirt for travelling

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Travelling families



# Packing

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Soft bodied bags or holdalls would be best .

A kit list will be provided.

# Luggage

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You will need:

A small backpack for hand luggage

This should contain at several drinks and snacks

A large case that will be stowed in the hold of the coach

This case should preferably fold flat and kept under your bed while you are on centre.



# Our Destination: Camping La Savane

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# We are camping in tents like this

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Each tent sleeps 4 people

The beds are already there  
and have a mattress

You need your own sleeping  
bag and your own pillow  
(bottom sheet optional).



# The tents are arranged into a 'village'

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# Site facilities

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Swimming pool,  
games areas,  
a café-bar,  
and on-site showers and bathrooms.

The site also features picnic tables, a fire ring, and a private tented village with pre-erected tents with beds, a marquee, and a dining area



# What will we be doing?













# Accrobranch





# Visit to a French town





Je voudrais un glace s'il vous plait

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# Kit List

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Torch (You will use this a lot)

Suncream – High factor, mosquito repellent

Clothes pegs / spare swimmers

Closed toed shoe/trainers – No sliders or flip flops

Sunglasses (Handy to have an elastic strap to prevent loss)

Hat (We will provide hats included in the price of trip)

Towels – To shower with and a swimming towel



# Kit list continued....

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T-Shirts

Shorts

Socks (lots of)

Fleece or jumper / sweatshirt

Swimming costume x2

Towel (s) x2

Hair scrunchies

## Kit list continued

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Blanket and pillow for journey

Sleeping bag (Bottom sheet optional)

Daywear for trip to town

Pyjamas/nightwear

Toiletries and toothbrush/toothpaste

Old trainers / wetshoes and good trainers



# Kit list -optional

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There are plenty of open areas to enjoy during downtime

Some people bring table tennis bats and balls

Some bring frisbees, volleyballs and footballs

Some bring card games such as Uno

There is a pool table in the café area

# Food

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All our meals are served in a marquee like this one.

Instructors serve the food and join the children to dine

The food is pretty healthy; nothing is fried so no chips but there is plenty of carb heavy food such as pasta to recharge the batteries after a busy day.



# Medication

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Travel sickness pills

Headache tablets/painkillers

Inhalers for asthma (plus a spare)

Any prescription medication

Make sure you have signed the consent form for your child to be given over-the counter medication.

On arrival at school on the day of departure hand medication to Miss Hemp in a clearly labelled clear plastic bag.



# Money while travelling to and from...

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You will need some money if you want a hot meal on the way

On the ferry

At service stations in France

Some service stations charge a fee to use the toilets

You should have some Pounds and Euros for this

It is possible to take food in your hand luggage (restrictions)





# Money while you are at the centre

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There is an outlet where you can buy drinks and snacks

We will be going into town (Market Day) so you may wish to buy souvenirs or gifts

The holiday is all inclusive, so you really don't need to take that much.

We will keep money in the centre's safe and operate a camp bank where you can withdraw cash a bit at a time.

# Mobile Phones

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Mobile phones are not allowed on the trip

There is nowhere to charge them.

The signal is poor/non-existent in parts of the gorge

You will be spending a lot of time getting wet!

Don't worry – you can and will survive without one!





# Medical and Dietary Needs

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You must provide details of any medical issues on the forms you have completed and not omitted any important details

If you have any allergies for example nuts or stings or are in any way likely to suffer an anaphylactic shock.

If you are a vegetarian/vegan or have intolerances to certain foods (e.g. celiac disease or similar) Your needs can be met, but this must be declared on the forms.



# Swimming and Safety In The Water

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You must be able to swim at least 25 metres unaided.

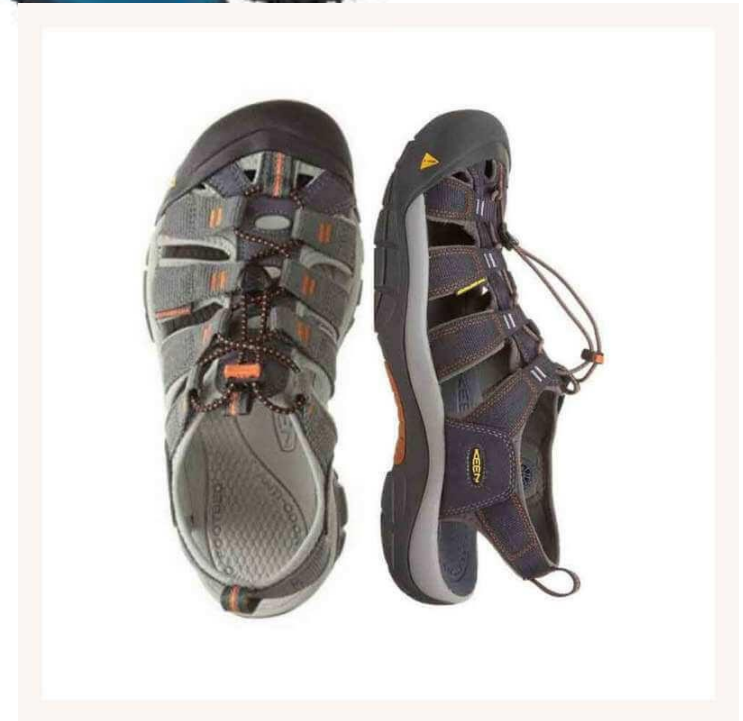
When you are on or near the river, you must wear a buoyancy aid

When you are kayaking, you must wear a helmet

You must wear footwear that can protect your feet

The safety equipment is absolutely non-negotiable









The Camp  
Team  
& The River  
descent  
team



# Student Behaviour

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You will be asked to sign a behaviour contract.

If your behaviour falls short of expectation:

You may be sanctioned and withdrawn from activity

You may be barred from going on any future trips

In extreme cases you may be collected by your parents and flown home at your own expense.

# Behaviour

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Alcohol, vaping products and tobacco are strictly prohibited

France sadly has much more lax rules on products that remain restricted in the UK.

Knives, guns, fireworks, firecrackers must not be purchased and possession of these will be dealt with very severely.

Energy drinks such as Red Bull or Monster are not allowed.





# Photographic Consent



We plan to run an Instagram account so you can see pictures from the trip as they happen.

If your child does not have photo consent, it is really important that we know. We can still provide pictures of them on activities that will not be published on social media.

I plan to make photos from the trip into a corridor display.

# Passports and GHIC cards



You should have already presented passports and GHIC cards at the office so that we have a record of the numbers

Your child will be responsible for carrying these while we are travelling and going through border control

While on centre these will be locked in a safe

An identity card will be issued while on excursions



# Getting in touch in case of emergency

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In case of emergency in France, we will contact you on the numbers you have provided for us.



We must have two different emergency contact numbers

If you need to contact us in case of emergency, use the numbers provided on the back of the kit list.

# Dehydration, sunburn and Sunstroke

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It is **very hot** in the South Of France in late June

The heat can make you very ill if you do not take care

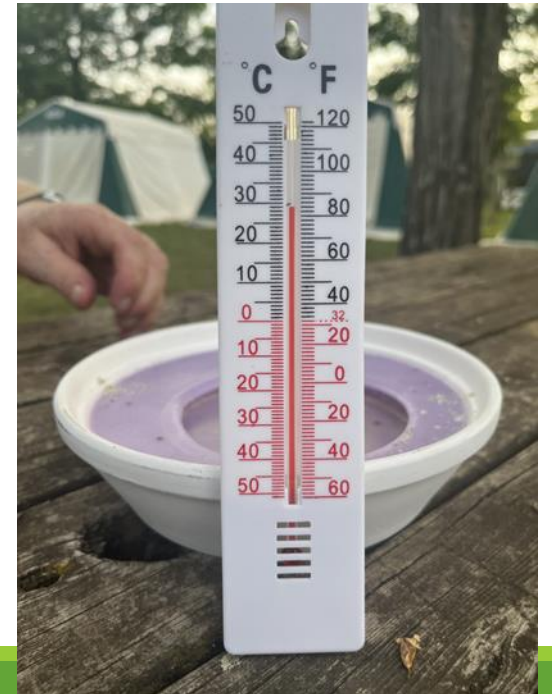
Wear a hat

Wear sun cream. A factor 50 minimum.

Drink plenty of water

We will provide lots of reminders

Seek help if feeling poorly.







[cforth@litchamschool.org.uk](mailto:cforth@litchamschool.org.uk)

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Any questions?