

|           | Week 1  | Week 2   | Week 3   |
|-----------|---|--|--|
|           | 17/4 8/5 26/6 17/7  | 24/4 15/5 12/6 3/7   | 1/5 22/5 19/6 10/7   |
| Monday    | Pizza Pasta Bake<br>Or<br>Jacket Potato with Tuna & Sweetcorn Mayo<br>Both with Peas              | Cheese Cauliflower & Broccoli Pasta<br>Or<br>Plant based sausage & mash<br>With Farmhouse Veg. | Jacket Potato with cheese and beans<br>Or<br>Sweet and sour Veg with rice.<br>Peas |
| Tuesday   | Chicken Tikka Masala & rice<br>Or<br>Quorn Veg Tortilla Bake<br>Broccoli                          | Pasta Carbonara<br>Or<br>Quorn Chilli & rice<br>Sweetcorn                                      | Beef Chilli & rice<br>Or<br>Tomato & Basil Pasta Bake<br>Sweetcorn                 |
| Wednesday | Beef Lasagne<br>Or<br>Bean & Veg Burritos   | Chicken Fajitas<br>Or<br>Roasted Veg Couscous<br>Mixed Salad                                   | BBQ Pork with rice<br>Or<br>Veg Curry with rice<br>Mixed Veg                       |
| Thursday  | Roast Chicken & Sausage<br>Or<br>Cheese & Spring Onion Quiche<br>Roast Potatoes<br>Carrots & Peas | Hot Roast Beef Baguette with horseradish sauce<br>Or<br>Bean & Veg Wrap                        | Hot Roast Turkey & Stuffing Baguette<br>Or<br>Roasted Veg & Pesto Risotto          |
| Friday    | Two Pork Sausages<br>Or<br>Toasted Cheese 7 Red Onion Baguette<br>Chips                           | Fish Cake<br>Or<br>Quorn burgers<br>Chips  | Beefburger in a roll<br>Or<br>Toasted Cheese & Tomato baguette<br>Chips            |